

# DELIGHT

Delight means rejoicing in everyday fun and celebrating bigger joys. We are happy for our own good experiences and find joy in the good fortunes of others.

photos: Denise Flora



We can enjoy ourselves  
and share the joy  
in others' lives.

No need to wait, let's celebrate.  
My joy times two,  
when I'm happy for you!



photo: Denise Flora

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At times, being happy for others can be more pure than happiness for ourselves, because we are less likely to worry how long it will last.